

The Power of Networking

I WANT TO BE HER!

While working on this newsletter, I came across the image below. Immediately it made me think 'I want to be her'. I want to be the person that stands out in my profession, the one that stands out from the pack, and I want to be a leader in everything I do. We had a guest speaker last month, **Joyce Hyam**, at our Soaring Eagles monthly meeting and she spoke about the power of vibrations we send out to others. She mentioned how our vibrations not only have an affect on our mood, but how they affect the moods of those around us. The most important aspect of these vibrations are identifying the things we DO want and excluding the things we DON'T want from our thoughts. She stated "I attract to myself whatever I give my attention, energy, and focus to, whether negative or positive".



In our business and personal lives you can see how true this is. Every so often you see the woman, pictured above, walk into a room. She is confident, personable, approachable, and most importantly people are drawn to her. Instantly we think, I need to meet that person! We are drawn to people that send out these positive vibes and they instantly stand out to us. When networking it is important to ask yourself, "What type of vibrations am I sending out?" Remember to be confident and keep your thoughts positive. If you can send off these positive vibrations, people will naturally be drawn to you.



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ABWA MISSION STATEMENT

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.